Canadian Mental Health Association
Sudbury/Manitoulin
Mental health for all

Association canadienne pour la santé mentale
Sudbury/Manitoulin
La santé mentale pour tous

To: Community Members

From: Ashley Paajanen, CMHA S/M - Nominating Chair

Date: March 12, 2026

Re: Board Nomination Applications

Canadian Mental Health Association - Sudbury/Manitoulin (CMHA – S/M) is currently seeking Board members with an interest in community-based mental health and substance use disorder health and the ways in which those services are provided in our community. Would you be interested in actively participating in board leadership, enhancing your career development, and utilizing your professional skills? We are a policy governance Board requiring members with a variety of skills and backgrounds to ensure effective and informed decision making. Currently we are looking for individuals with experience in the following areas:

- Health Care
- Fundraising
- Government Relations / Municipal Experience
- Bilingual
- Manitoulin District area

Candidates must embody the highest standards of personal and professional integrity and ethics. Additionally, they must be committed to a culture of transparency and open communication throughout the organization. Successful candidates will be dedicated to accountability and continuous improvement with a belief in innovation as a key strategy. Commitment to enhancing the mental health and substance use health sector and representing the interests of all partners and parties are also required.

If you are interested in receiving an application package or have any questions, please contact Heli Gayakwad by email at hgayakwad@cmha-sm.on.ca or by phone at (705) 675-7252 ext. 245.