

For inquiries or to report errors/changes, call CMHA-S/M at 705-675-7252 or email info@cmha-sm.on.ca. Check for updated versions of this list at: <http://sm.cmha.ca/>

Pour demander des renseignements ou pour signaler des erreurs ou des changements, appelez l'ACSM-S/M au 705-675-7252 ou envoyez un courriel à info@cmha-sm.on.ca. Vérifiez les versions mises à jour de cette liste à <http://sm.cmha.ca/>.

SUDBURY/MANITOULIN COMMUNITY RESOURCE LIST

If you need help finding services call 705-675-7252
Greater Sudbury City Services: 3-1-1
Health Services on the Web: <http://northeasthealthline.ca/>

LISTE DES RESSOURCES COMMUNAUTAIRES DE SUDBURY/MANITOULIN

Si vous avez besoin d'aide pour trouver des services, appelez le 705-675-7252.

Services municipaux du Grand Sudbury : 3-1-1
Services de santé sur le Web : <http://www.lignesantenord-est.ca>

Mar/19



Canadian Mental Health Association
Association canadienne pour la santé mentale

ABUSE, ASSAULT & DOMESTIC VIOLENCE Mauvais traitements, agressions et violence domestique

Assaulted Women's Helpline -----1-866-863-0511
Centre Victoria pour femmes ----- 705-670-2517
Ligne FEM-AIDE Provinciale-----1-877-336-2433
Manitoulin Family Resources -----1-705-377-5532
Sudbury Counselling Centre-----705-524-9629 x 218
Sudbury Women's Ctr (Workshops) --705-673-1916
VCARS-Victim Crisis Assistance & Referral Service
Sudbury & Area----- 705-522-6970
Manitoulin Northshore ----- 705-370-3378
Toll Free -----1-866-392-7733
Violence Intervention Prevention -----705-675-4743
Voices for Women (Sexual Assault) --- 705-671-5495
YWCA Genevra House Abuse Line--- 705-674-2210
Toll Free -----1-800-461-0133

ADDICTIONS see also MENTAL HEALTH Toxicomanie, voir aussi santé mentale

ConnexOntario *Helplines are live, 24/7, confidential and free*
Drug and Alcohol, Mental Health and Problem
Gambling Helpline -----1-866-531-2600
Detox/Withdrawal Mgmt (Pine St) -----705-671-7366
Harm Reduction Day Program ----- 705-675-7252
Outpatient Gambling & Addictions
-----705-523-4988 x 4211
The Point (needle exchange) - Public Health
Sudbury & Districts-----705-522-9200 x778
Manitoulin Community Withdrawal --- 705-368-0058
Manitoulin Family Resources -----1-705-377-5532
Smokers Helpline-----1-877-513-5333
Monarch Recovery Services
Aftercare Centre Women's Intake, Day Treatment
Prog, Men's Recovery Ctr, Pregnancy/Parenting
Prog, Women's Treatment Ctr.-----705-674-4193
VitaHeal Medical Clinic Addiction-----705-805-6383

INPATIENT TREATMENT FACILITIES
Camillus Centre (Elliot Lake) -----705-848-2129
Nipissing Detoxification & Substance Abuse
Programs (North Bay) -----705-476-6240 x6290
Benbowopa Centre (Blind River) --- 705 -356-1681
Toll free number-----1-877-356-1681

RECOVERY/ADDICTION CLINICS
Dr. Dressler - 310 Larch St----- 705-669-1111
Dr. Shapiro - 135 Applegrove St----- 705-673-3111
Northwood Recovery - 80 Elm St----- 705-806-3737
OATC - 450 Notre Dame Ave 705-673-1116
Rapid Access Addiction Medicine Clinic
RAAM -----705-523-7100 x 1875
Safe Bed Program-----705-671-7366 x 1876
VitaHeal 128 Cedar St. -----705-805-6383

SUPPORT / GROUPS
Alcoholics Anonymous, Adult Children of Alcoholics,
Al-Anon & Alateen ----- 705-674-6217
Narcotics Anonymous -----1-888-811-3887
Sexaholics Anonymous (Leave Msg)--- 705-693-0021

AIDS / HEPATITIS C SIDA / Hépatite C

Réseau Access Network----- 705-688-0500
Toll-free-----1-800-465-2437
HSN Haven Program ----- 705-523-7148
Ont. Aboriginal HIV/AIDS Strategy---- 705-674-9449
The Point (needle exchange) Public Health Sudbury
& Districts-----705-522-9200 x778

ANGER MANAGEMENT Gestion de la colère

Inner City Home of Sudbury ----- 705-675-7550

John Howard Society ----- 705-673-9576
Shkagamik-Kwe Health Centre----- 705-675-1596

BEREAVEMENT

Deuil
Bereavement Foundation ----- 705-923-1982
Maison Vale Hospice-----705 674-9252 x 227
Compassionate Friends of Canada - Sudbury
Chapter Support Group. - Azilda (Lost Child through
Death)----- 705-848-5864
Widowed We Help Each Other ----- 705-566-6138
Butterflywings Perinatal
Bereavement Services -----705-562-4955

BI-SEXUAL, GAY, LESBIAN, TRANS Bisexuels, homosexuels, transgenres

TG Innerelves----- 705-673-4396
GLBT National Hotline ----- 1-888 843-4564
Trans Youth Line----- 1-800-268-9688
Trans Lifeline----- 1-877-330-6366
Réseau Access Network ----- 705-688-0500

BRAIN INJURY / TUMOUR Lésions cérébrales / Tumeurs

Ontario March of Dimes - Acquired Brain Injury
Association-----705-671-3188
Brain Injury Association -----705-670-0200
Toll Free ----- 1-800-263-5404
Brain Tumour Support Grp ---- 1-800-265-5106 x 234
Outpatient Brain Injury Rehabilitation Services (HSN,
OBIRS) -----705. 523.7100 x 7298 |
Toll free: 1.866.469.0822 x 7298

CHILDREN / PARENTS / FAMILY Enfants / Parents / Familles

ADHD Parent Support Group ----- 705-523-4747
Better Beginnings Better Futures ----- 705-671-1941
Centre de santé communautaire Sudbury 705-670-2274
Child and Family Centre----- 705-525-1008
Child & Community Resources ----- 705-525-0055
Children's Aid Society----- 705-566-3113
Children's Community Network ----- 705-566-3416
Children's Psychiatric Ctr ----- 705-675-9192 x 8214
Children's Services, Greater Sudbury Child Care
Subsidies/Registry----- 705-674-4455 x 4279
Early Psychosis Intervention
Program (HSN) ----- 705-523-4988 x 4242
Healthy Babies Healthy Child----705-522-9200 x 342
Hubs/EarlyON----- 705-674-4455 x 4424
Web site: sudburyfamilies.ca
Human League Association - P.L.A.Y Fund for
Children's Activities ----- 705-670-8633
Kids Help Phone ----- 1-800-668-6868
Kina Gbezhgomi
Child & Family Services-----705-859-2100
Learning Disabilities Association----- 705-522-0100
Manitoulin Family Resources Inc ----- 705-377-5532
NEO Kids-Infant and Child Development Services---
----- 705.523.7184 x 4805
N'Swakamok Native Friendship Ctr ---- 705-674-2128
Nogdawindamin
Family & Community Services-----705-946-3700
Our Children, Our Future----- 705-677-0440
Public Health Sudbury & Districts----- 705-522-9200
Sudbury Counselling Centre-----705-524-9629 x 0
Supervised Access - Sudbury- 705-525-1008 x 2565
Supervised Access - Manitoulin ----- 705-377-6080

John Howard Clothing Bank-----705-673-9576
L'association des jeunes de la rue-----705-675-6422
St. Andrews United Church-----705-674-0721
St. Vincent de Paul-----705-897-1212
Jarrett Value Centre -----705-525-5100
Salvation Army Thrift Store -----705-525-2433
Sudbury Women's Centre-----705-673-1916

CHILDREN / PARENTS / FAMILY
Ontario March of Dimes - Acquired Brain Injury
Association-----705-671-3188
Brain Injury Association -----705-670-0200
Toll Free ----- 1-800-263-5404
Brain Tumour Support Grp ---- 1-800-265-5106 x 234
Outpatient Brain Injury Rehabilitation Services (HSN,
OBIRS) -----705. 523.7100 x 7298 |
Toll free: 1.866.469.0822 x 7298

CLOTHING DONATIONS Dons de vêtements

Community Closet (Better Beginnings) 705-671-1941

COUNSELLING SERVICES Services de counseling

*Check the Yellow Pages of the phone book under
"Marriage, Family & Individual Counsellors"*
Inner City Home (have limited income) 705-675-7550
Sudbury Counselling Centre-----705-524-9629 x 0

DISABILITIES Incapacités

DEVELOPMENTAL
Autism Ontario Sudbury -----705-677-4939
Community Living Greater Sudbury ----705-671-7181
Develop.Clinical Svcs (HSN)---- 705-523-4988 x 4256
Developmental Services Ontario -----705-222-6066
Learning Disabilities Assoc of Sudbury 705-522-0100
Toll-Free----- 1-855-522-0100
Sudbury Community Service Centre ---705-560-0430
Sudbury Developmental Services-----705-674-1451
Adult Enrichment Centre -----705-470-7474

PHYSICAL
Canadian Hard of Hearing Society ----705-523-5695
Canadian Hearing Society -----705-522-1020
CNIB -----705-675-2468
Spinal Cord Injury Ontario-----705-671-2444
Sudbury's Fibromyalgia Support Grp --705-525-5121
Independent Living Resource Centre --705-675-2121
ICAN - Independence Ctr & Network -----705-673-0655

EDUCATION Éducation

Cambrian College Upgrading --705-566-8101 x 7712
College Boreal-----705-560-6673 x 3085
Carrefour francophone de Sudbury----705-675-6493
Carrefour Options+-----705-525-0110
Centre de formation et de perfectionnement du
grand Sudbury-----705 688-0005
Collège Boréal----- 705-560-6673 x 3085
Education & Workplace Training 705-677-0432 x 244
Glenn Crombie Ctr, disability ---705-566-8101 x 7420
N'Swakamok Native Friendship Ctr ----705-674-2128
St. Albert Adult Learning Centre-----705-673-3031
Sud Sec. School Continuing Education-705-675-5481

EMERGENCY NUMBERS Numéros d'urgence

Crisis Intervention Program &
Mobile Crisis Team -----705-675-4760
Toll Free----- 1-877-841-1101
Police, Ambulance, Fire ----- 911
Police, Non-Emergency-----705-675-9171
Poison Control----- 1-800-268-9017
Victim Services, Police-----705-522-6970
Toll Free----- 1-888-579-2888

EMPLOYMENT Emploi

Ontario Works Employm't Sup-705-674-4455 x 4181
Gezhtoojig Employment & Training----705-524-6772
Northern Vocational Services, ODSP--705-674-4141
N'Swakamok Native Friendship Ctr ----705-674-2128
Ontario March of Dimes, disabilities----705-674-3377
Sudbury Vocational Resource Centre 705-671-2544
YMCA Employment Centre -----705-674-2324

Sudbury Workers Education & Advocacy Centre---
705-470-2173
Employment Options/Emploi
Sudbury ----- 705-560-1562
Val Caron ----- 705-897-5627
Chelmsford ----- 705-855-1562
Espanola ----- 705-869-4113
Manitoulin ----- 705-368-3194
Volunteer Sudbury----- 705-560-6661

FINANCIAL

Finances

Canada Pension Plan -----1-800-277-9914
Children's Services, Greater Sudbury Child Care
Subsidies/Registry----- 705-674-4455 x 4279
Credit Counselling Sudbury-----705-560-0430 x 0
Easter Seal Soc, physical disabilities-- 705-566-8858
Canada Revenue - Income Tax-----1-800-959-8281
Min of Community, Family, Children and Youth
Srvcs, Children Severe Disabilities-- 705-564-8153
Old Age Security-----1-800-277-9914
Ontario Disability Support Plan/ODSP 705-564-4515
Toll Free -----1-800-461-1167
Ontario Works ----- 705-675-2411
Outside of City of Greater Sud ----1-800-667-3145
Public Guardian and Trustee ----- 705-564-3185
Toll free -----1-800-891-0503
Red Cross, Emergency ----- 705-674-0737
Workplace Safety Insurance Board--1-800-387-0750

FIRST NATIONS

Autochtones

Gezhtoojig Employment & Training ---- 705-524-6772
Noojmowin Teg Health Centre, -----705-368-2182
N'Swakamok Native Friendship Ctr---- 705-674-2128
Shkagamik-Kwe Health Centre ----- 705-675-1596
see also Housing Services/Shelters

FOOD, CLOTHING & MEDICAL AID

Nourriture, vêtements et aide médicale

Blue Door Soup Kitchen ----- 705-675-5300
344 Elgin St - Serves lunch daily from 11am - 2:00pm
Beech Street Community Kitchen ----- 705-674-6447
Open to low income or lone parent families-help for planning, purchasing & preparing nutritious meals - 1st & 3rd Thursday each month 10am - 1pm (except July & August)
Corner Clinic ----- 705-673-3721
344 Elgin St. Open from 8am - 12pm & 1pm - 2:30 pm. Drop-in Centre for homeless. Clothing donations, Nurse and family practitioner 1/week, dental hygiene, coffee, free personal care products, outreach at night.
Elgin Street Mission ----- 705-673-2163
Breakfast Mon - Fri from 8am - 9:30am, Supper served nightly from 6pm to 7:30 p.m., Saturday & Sunday brunch from 10am - 12pm.
L'Association des jeunes de la rue---- 705-675-6422
Street outreach, Mon - Fri, provide clothing, blankets, winter clothes, footwear, supplies
Meals on Wheels ----- 705-525-4554

FOOD BANKS

Banques alimentaires

Sudbury Food Bank *provides funds to help area food banks*----- 705-671-9663
Bread and Roses, Capreol residents-- 705-222-9664
Friendship House (Rayside-Balfour, Onaping, Dowling, Levack residents only) ---- 705-855-4848
Good Neighbours Valley East Food Bank
(Valley East residents only) ----- 705-969-1674
Holy Redeemer Food Bank ----- 705-566-9409
Infant Food Bank----- 705-673-5003
Infant Food Cupboard ----- 705-677-0931
Inner City Home of Sudbury ----- 705-675-7550
Massey Food Bank (Massey residents) 705-865-2450
Salvation Army Food Bank----- 705-566-8151
St. Vincent de Paul Society
(Val Caron residents only) ----- 705-897-1212
Walden Food Bank (Lively, Walden, Whitefish & Naughton residents)-----705-692-4061

HOUSING SERVICES/SHELTERS

Services de logement / Abris

SHELTERS

Off the Street Emergency Shelter ----- 705-675-7252
Foyer Notre Dame House, youth ----- 705-675-6422
Salvation Army sheltering services ---- 705-673-1175
Genevra House
(Domestic Violence - Women)----- 705-674-2210
Cedar Place-Women and Families---- 705-586-3293

FIRST NATIONS HOUSING SERVICES

Native People of Sudbury Development Corporation
Geared to Income Housing ----- 705-674-9996
Ontario Aboriginal Housing Services -- 705-256-1876
Toll free ----- 1-800-492-1605

HOUSING SERVICES

CMHA - Provides Apartment Listings-- 705-675-7252
Centre de Santé Communautaire du Grand Sudbury
Housing List-----705-670-2274
Community Homelessness Prevention Initiative
CHPI-----705-618-8812 or 705-618-8811
Corner Clinic - Housing Outreach ----- 705-673-3721
Elizabeth Fry Society-Resources ----- 705-673-1364
Greater Sudbury Housing Corp ----- 705-674-8323
Addiction Supportive Housing (ASH) -- 705-674-0123
ICAN - physical disability-----705-673-0655
John Howard Society Resources ----- 705-673-9576
Landlord and Tenant Board ----- 1-888-332-3234
Ombudsman----- 1-800-263-1830
Social Planning Council, emergency--- 705-675-3894

RETIREMENT HOMES

Amberwood Suites-----705-522-5289
Chartwell Southwind-----705-521-1443
Chartwell Westmount-----705-566-6221
Lasalle Residence ----- 705-560-8787
Regent Manor-----705-523-5295
Red Oak Villa----- 705-673-0050
Walford-----705-523-2686

LONG-TERM CARE HOMES

Extencicare Falconbridge-----705-566-7980
Extencicare York ----- 705-674-4221
Finlandia----- 705-524-3137
Pioneer Manor ----- 705-566-4282
St. Joseph's Villa ----- 705-674-4447

LEGAL ISSUES/ASSISTANCE

Questions et aide juridiques

CMHA Mental Health Court Outreach - 705-675-7252
Cecil Facer Youth Centre ----- 705-522-1250
Correctional Service of Canada ----- 705-671-0600
Crown Attorney, Courthouse-----705-564-7698
Elizabeth Fry Society-----705-673-1364
Enforcement Office (Sheriff)----- 705-564-7600
John Howard Society ----- 705-673-9576
Justice of the Peace ----- 705-671-5950
Law Society Lawyer referral service 1-800-268-8326
Legal Clinic ----- 705-674-3200
Manitoulin Legal Clinic-----705-368-3333
Native Court Outreach, Friendship Ctr 705-674-2128
Northern Youth Services ----- 705-524-3354
Sudbury Ontario Legal Aid-----705-673-8182
Eviction Prevention Restorative ----- 705-674-1825
OPP ----- 705-564-6900
Kirkwood Patient Rights Advisor----- 705-675-5900
Police----- 705-675-9171
Probation and Parole, Adults ----- 705-564-4311
Public Guardian and Trustee ----- 705-564-3185
Toll free ----- 1-800-891-0503
Special Investigations Unit----- 1-800-787-8529
Supervised Access - Manitoulin ----- 705-377-6080
Supervised Access - Sudbury- 705-525-1008 x 2565

MEDICAL

Soins médicaux

HOSPITALS/MEDICAL CLINICS

Health Sciences North (HSN)----- 705-523-7100
Kirkwood ----- 705-675-5900
Shkagamik-Kwe Health Centre----- 705-675-1596
Chapleau Health Services ----- 705-864-1520
Espanola General Hospital ----- 705-869-1420
Toll-Free ----- 1-866-469-0822
Manitoulin Health Centre
Little Current Site ----- 705-368-2300
Mindemoya Site ----- 705-377-5311
North Bay Psychiatric Hospital ----- 705-474-8600
North Bay Regional Health Centre ---- 705-474-8600
Centre de santé communautaire Sudbury 705-670-2274
Sudbury & District Health Unit ----- 705-522-9200
Marijuana Medical Clinic ----- 705-805-0092
Bodystream Sudbury----- 1-800-730-8210

AFTER-HOURS / WALK-IN CLINICS

Brady Clinic -----705-688-8833
Northwood Medical Clinics-----705-522-3380
Elm St. -----705-806-7915
South End-----705-522-3380
Lasalle-----705-522-3380
Azilda----- 705-522-3380
Garson Walk-In Clinic -----705-693-4200
Superstore Walk-In Lasalle Blvd ----- 705-222-7451
Lasalle All Day Walk-In Clinic -----705-222-9038
Lively After Hours Walk-In Clinic -----705-692-4774

NURSE PRACTITIONERS

Sudbury District Nurse Practitioner Clinics
359 Riverside Dr. Sudbury ----- 705-671-1661
623 Main St. Lively----- 705-692-1667
Capreol Nurse Practitioner Led Clinic
49 Young St., Capreol ----- 705-858-8787

FAMILY HEALTH TEAMS

City of Lakes Family Health Team
Sudbury, Val Caron, Walden -----705-692-1018
Espanola & Area FHT -----705-862-7991
Municipality of Assiginack FHT -----705-859-2170
Northeastern Manitoulin FHT-----705-368-1488

DRUG PLANS

Blue Cross----- 1-800-873-2583
Trillium Drug Program ----- 1-800-575-5386

HOME CARE/PALLIATIVE CARE

Société Alzheimer Society -----705-560-0603
Toll Free----- 1-800-407-6369
Bayshore Sudbury & Espanola -----705-523-6668
Canadian Shield Health Care ----- 1-888-840-1188
Community Care Access Centre ----- 705-522-3461
Toll Free----- 1-800-461-2919
Home Instead Senior Care-----705-523-1600
Retire-At-Home Services-----705-866-6231
The HAVEN Program, AIDS----- 705-523-7059
Victoria Order of Nurses/VON----- 705-671-1575
We Care ----- 705-523-4008
Maison McCulloch Hospice Palliative Care
-----705-674-9252

MEDICAL ADVICE OR INFORMATION

College of Physicians ----- 1-800-268-7096
www.cpso.on.ca (new doctors)
Health Care Connect (if you don't have a family physician) ----- 1-800-445-1822
Telehealth Ontario ----- 1-866-797-0000
House of Kin (low cost accommodation for families of hospitalized patients)-----705-522-3600

MENTAL HEALTH see also ADDICTIONS

Santé mentale, voir aussi toxicomanie

Canadian Mental Health Association---705-675-7252
Toll Free----- 1-866-285-2642
Centre for Addiction & Mental Health --705-675-1195
ConnexOntario

Helplines are live, 24/7, confidential and free

Drug and Alcohol, Mental Health and Problem
Gambling Helpline ----- 1-866-531-2600

HSN Mental Health & Addictions, 127 Cedar St

Crisis Intervention - 24 Hour Crisis Line
----- 705-675-4760

Toll Free ----- 1-877-841-1101

HSN Mental Health & Addictions ---705-523-4988

Central Intake & Referral -----x 0
ACTT 1 Team --- x 4282; ACTT 2 Team --- x 4283

Positive Steps ----- x 4377; TOPS ----- x 0

Mood and Anxiety Program -----x 4242

HSN - Kirkwood site -----705-675-5900

Rural Outreach-Community Mental Health:

East Algoma (Elliot Lake) ----- 705-848-9131

Espanola ----- 705-869-1564

Manitoulin ----- 705-368-0756

Sudbury East (St-Charles)-----705-867-5233

Mood Disorders Association----- 1-888-486-8236

CUTTING/SELF-HARM

S.A.F.E. (Info Line)----- 1-800-366-8288

EATING DISORDERS

Eating Disorders Program-----705-523-4988 x 4211

National Eating Disorder Info Centre 1-866-633-4220

Overeaters Anonymous -----705-207-0877

PEER SUPPORT & SUPPORT FOR FAMILIES

Family & Friends Education Group 705-523-4988 x 0
 Lived Experience & Recovery Network (LERN)
 North Bay----- 705-840-1818
 NISA----- 705-222-6472
 Warm Line (pre-crisis support) -----1-866-856-9276
 Living Healthy Northeast -----705. 523-7155 |
 Toll free: 1.866.991.7155

SCHIZOPHRENIA

Schizophrenia Society of Ontario-----1-800-449-6367
 SSO Sudbury Chapter ----- 705-693-3067

TRAINING**CMHA-Canadian Mental Health Association**

Applied Suicide Intervention Skills
 Training (ASIST), Living Life to the Full, Mental
 Health First Aid, Mental Health Works, safeTALK,
 Talking About Mental Illness (TAMI)-705-675-7252
 Sue Tasse Consulting Services (ASIST) 705-566-0791
 Elizabeth Fry Society ----- 705-673-1364

NEWCOMER SERVICES**Services aux nouveaux arrivants**

Sud Multicultural & Folk Arts Association
 (New Immigrants) ----- 705-674-0795
 Settlement Services - Newcomers
 -----705-560-6673 x2785

OLDER ADULTS**Personnes âgées**

Arthritis Society----- 705-673-4641
 Elder Abuse Ontario ----- 705-525-0077
 Toll Free -----1-866-299-1011
 For Seniors Only----- 705-522-0679
 HSN Behavioural Support Outreach & Seniors
 Mental Health Outreach---705-523-4988 x 4291
 Home Instead Senior Care----- 705-523-1600
 Meals on Wheels ----- 705-525-4554
 ParkSide (Older Adult Centre) ----- 705-673-6227
 Red Cross (Transportation) ----- 705-674-0737
 Société Alzheimer Society ----- 705-560-0603
 Toll Free -----1-800-407-6369

PREGNANCY**Grossesse**

Baby's Breath-----705-671-1941 x 229 or x 219
 Birthright----- 705-673-7200
 Hotline-----1-800-550-4900
 Our Children, Our Future ----- 705-677-0440
 Pregnancy Care of Sudbury ----- 705-673-5003
 Public Health Sudbury & District----- 705-522-9200
 HSN - Options Clinic----- 705-671-5265
 Perinatal Mental Health Prog-- 705-523-4988 x 4242

TRANSPORTATION**Transport**

Handi-Transit----- 705-670-2300
 Red Cross, seniors (60 +) ----- 705-674-0737
 Sudbury Transit ----- 705-675-3333

YOUTH**Jeunes**

Foyer Notre Dame House, youth ----- 705-675-6422
 Northern Youth Services----- 705-524-3354
 Rayside-Balfour Youth Action Netwrk- 705-855-5230
 Sudbury Action Centre for Youth ----- 705-673-4396
 Walden Youth for Youth----- 705-692-1777
 Neo Kids - Infant and Child Development Services
 ----RLHC main site (705)523-7100.
 Northern Youth Services
 Youth Attendance Center ----- 705-673-4879
 Youth Justice Family Worker ----- 705-524-3354